



POST-TREATMENT MAINTENANCE

Although the success rate of implants is very high, it is critical that you take good care of your teeth with proper hygiene and diet.

1. The teeth or implants that support your fixed crowns can develop gum disease if proper care is NOT given to them. Professional check-ups and cleanings are mandatory every three to six months. Home care – brushing and flossing – should be performed three times daily. Our hygienist will recommend a daily program for your needs.
2. Since the final crowns are made of porcelain, eating hard candies or ice may cause them to fracture or the cement seal to break.
3. Avoid eating or chewing sticky foods such as toffee. This may loosen the crown, which rarely comes loose in normal situations. However, if this occurs, it may put excessive forces on other teeth and could result in loss of the teeth or implants. Therefore, if the crown becomes loose or if any changes to the bite occur, please notify the office immediately.
4. If you grind your teeth at night, it is advisable to have Dr. Seddon fabricate a professional night guard, which is custom-made for your bite and protects all of your teeth. Be sure to wear it every night.

If you have any questions whatsoever, do not hesitate to contact Dr. Seddon at nseddon@gmail.com