



POST-SEDATION PATIENT INSTRUCTIONS

Following sedation, 24 hours may be required for the full effects of the drugs to wear off. During this period, it is essential that you follow these instructions.

DISCHARGE FROM OFFICE

- The patient must be discharged into the care of a responsible adult who can accompany him/her home.
- Arrangements should be made to have a responsible adult remain with the patient for the balance of the day and during the night.

TRANSPORTATION FROM OFFICE

- Private automobile is preferred. Public transportation is NOT allowed.

FOOD AND BEVERAGES

- Dr. Seddon will advise you as to what foods you can eat and what to avoid.
- Do not drink alcohol in any form for 24 hours.

MEDICATIONS

- Resume normal medication as directed by your physician after your appointment.

ACTIVITY RESTRICTIONS

- Do not operate motor vehicles, boats, power tools or machinery for 24 hours or longer if drowsiness or dizziness persists.
- Do not operate an aircraft for at least 48 hours following minimal or moderate sedation.
- Do not sign or enter into any legal contract for at least 24 hours.

PROBLEMS

- If you experience any acute pain, heavy bleeding from the surgical site, respiratory problems, or any post-operative problem, please notify our clinic.

*IF YOU HAVE ANY QUESTIONS OR CONCERNS WHATSOEVER,
PLEASE CALL DR. NICK SEDDON AT 604 922-0144 (office) or 778 840-0762 (cell)*