



PROPER CARE FOR YOUR TEETH

Brushing and flossing your teeth may not be enough to completely prevent caries (also known as the disease that causes cavities). Dr. Seddon and team can assess your risk level for cavities by performing a bacterial screening test. They will inform you of your likelihood of developing new cavities within the next 12 months.

Dr. Seddon recommends using the CariFree CTx system to prevent and treat caries. This treatment system restores the balance of your oral health care. There are five agents in the CTx system that work to treat the affected oral environment: a pH neutralizer, an antibacterial, fluoride, xylitol, and nano-hydroxyapatite (nano-HA). Each CTx product contains a score out of five that indicates the number of agents contained as well as the caries risk level.

“What does high risk mean?”

High risk means an almost 70% chance of developing more cavities in the next 12 months. In this case, a CariFree CTx product is recommended as well as dental restorative work and modification of any underlying factors such as diet.

“Please tell me more about the five CTx agents.”

pH Neutralization: Works to decrease acid-producing bacteria and helps healthy oral bacteria grow instead.

Antibacterial: Fights bacteria lowering high bacterial levels.

Fluoride: Helps in the process of remineralization and prevents the formation of cariogenic bacteria.

Xylitol: The “right” sugar that acts to slow the acid production of cariogenic bacteria.

Nano-HA: Aids in tooth remineralization with nano-particles of hydroxyapatite.



MI Paste

MI Paste is another method for fighting caries and treating sensitive teeth. MI Paste is a toothpaste for professional use that helps patients produce saliva and protective minerals. It is available in a variety of flavours and it is the only professional product that uses RECALDENT, a product that is more effective than fluoride alone in strengthening tooth enamel. MI Paste is also recommended for post-teeth whitening treatments and for reducing oral acidity. For those with clear orthodontics such as Invisalign and 6 Month Smiles, MI Paste should be used in order to prevent white spot lesions after bands and brackets have been removed. Pregnant women and those with dry mouth syndromes should also use the paste.

Use MI Paste™

- After tooth whitening
- For pregnant women
- For children six years and under
- During and/or after orthodontics
- For desensitizing
- To provide extra protection for teeth

